

# GREEN OAK EXPERT TALKS

## BEYOND THE WOUND : ASSESSMENT OF TRAUMA IN THERAPEUTIC SETTINGS

This talk focuses on a few essential principles and skills while assessing psychological trauma in clinical practice. We will learn how to effectively apply a crucial trauma lens to different aspects of client presentation, moving beyond simple symptom recognition to understand the deep-seated impact of traumatic experiences.

Participants will gain practical strategies for sensitively carrying out assessment which can facilitate conceptualization and treatment planning mainly in an individual therapy setting.



**DR. SHALINI ANANT**

Phd.Mphil NIMHANS.

Founder Anaahat Psychotherapy

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**TUESDAY, 9TH DECEMBER**

**2 PM- 4 PM IST**



**FREE ENTRY ONLINE ON ZOOM**  
**OPEN TO MENTAL HEALTH PROFESSIONALS AND TRAINEES.**

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**Register**  
**here**