

GREEN OAK EXPERT TALKS

Partner to Parent: Mental & Sexual Health Shifts Through Fatherhood



On Men's Day, let's delve into unspoken changes men undergo while transitioning from partner to parent. Examining how the pressures of pregnancy and early parenting reshape mental health and drastically impact sexual health and intimacy.

Understanding common barriers to involvement and strategies for navigating these shifts for a more holistic intervention towards men's wellbeing.



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Chief Medical Officer : Allo
Health | Consultant Psychiatrist,
Sexual & Relationship therapist

TUESDAY, 25TH NOV

2 PM - 4 PM IST

ONLINE ON ZOOM | FREE ENTRY

OPEN TO MENTAL HEALTH
PROFESSIONALS AND TRAINEES.



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